

Sunnyside Manor

Recollections

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Morning Activities 1 Tranquil Soul Mind & Body Wellness Culinary: April Fool's Lasagna Playful Pods Mindful Breathing Afternoon Programs Chair Swing Dancing Brainiacs Bingo Fun Color & Create Evening Wind Down All Fools' Day	Morning Activities 2 Ambient Beats Mind & Body Wellness Genius Games Selfcare Awareness Afternoon Programs 1:30 PM Music with Ken J Aware Wolves Clay Food Sculpting Calming Thoughts	Morning Activities 3 Positive Vibrations Mind & Body Wellness I Pad Fun Body Scan Meditation Afternoon Programs 1:30pm: Dance with Magi Sweet Treat Bingo Whale of a Time Moments of Serty	Morning Activities 4 Healing Frequencies Mind & Body Wellness 10:30am: Music by Dan Herrmann Afternoon Programs Sit, Shimmy, Twist Card Sharks Club Giggles & Pranks Curious Bees Heartfelt Gratitude	Morning Activities 5 Celestial Flow Mind & Body Wellness Interactive Short Stories Inhale Exhale Afternoon Programs Bingo Extravaganza Movie: <i>The Greatest Story Ever Told</i> Manicures & Massages Mindful Moments
Morning Activities 6 Spiritual Interludes 10:30 AM Catholic Mass in AL Reminiscing Childhood Pets Mantra Meditation Afternoon Programs Gentle Stretches Salt Dough Eggs Group Board Games Soothing Stillness	Morning Activities 7 Smooth Instruments Mind & Body Wellness Music Circle Loving Awareness Afternoon Programs 1:30pm: Communion with Father Bill 2pm: Create with Karin Maze Madness Designer Dogs Meditative Moments	Morning Activities 8 Tranquil Soul Mind & Body Wellness Culinary: Dog Treats Playful Pods Mindful Breathing Afternoon Programs Brainiacs Bingo Fun Color & Create Evening Wind Down	Morning Activities 9 Ambient Beats Mind & Body Wellness Genius Games Selfcare Awareness Afternoon Programs Cutest Cats Aware Wolves Wildflower Pots Calming Thoughts	Morning Activities 10 Positive Vibrations Mind & Body Wellness I Pad Fun Body Scan Meditation Afternoon Programs 1:30pm: Dance with Magi Sweet Treat Bingo Whale of a Time Moments of Serenity	Morning Activities 11 Healing Frequencies Mind & Body Wellness Chair Cha Cha Movement Meditation Afternoon Programs Card Shark Club Let's Learn: What makes a Good Pet 3:30pm: Music by CODA AL Heartfelt Gratitude	Morning Activities 12 Celestial Flow Mind & Body Wellness Interactive Short Stories Inhale Exhale Afternoon Programs Bingo Extravaganza Movie: <i>Yes Day</i> Manicures & Massages Mindful Moments Passover Begins
Morning Activities 13 Spiritual Interludes 10:30 AM Catholic Mass in AL The Powerful Peep Mantra Meditation Afternoon Programs Gentle Stretches Clay & Bead Crosses Group Board Games Soothing Stillness Palm Sunday	Morning Activities 14 Smooth Instruments Mind & Body Wellness Drum Circle Loving Awareness Afternoon Programs Laughter Club 2pm: Yoga with Karin Funniest Family Member Meditative Moments	Morning Activities 15 Tranquil Soul Mind & Body Wellness Visiting Red Hats Sing Along Afternoon Programs Culinary: Peep Cars Brainiacs Bingo Fun Color & Create Evening Wind Down	Morning Activities 16 Ambient Beats Mind & Body Wellness Genius Games Selfcare Awareness Afternoon Programs History of Egg Painting Aware Wolves Cottontail Pins Calming Thoughts	Morning Activities 17 Positive Vibrations Mind & Body Wellness I Pad Fun Body Scan Meditation Afternoon Programs 1:30pm: Dance with Magi Casino Games Whale of a Time Moments of Serenity	Morning Activities 18 Healing Frequencies Mind & Body Wellness Dance Fad Fitness Movement Meditation Afternoon Programs 1:30pm: Stations of The Cross in AL 3:30pm: Music by Guy & Grace in AL Heartfelt Gratitude	Morning Activities 19 Celestial Flow Mind & Body Wellness Interactive Short Stories Inhale Exhale Afternoon Programs Bingo Extravaganza Movie: <i>Easter Parade</i> Manicures & Massages Mindful Moments
Morning Activities 20 Spiritual Interludes 10:30am: Catholic Mass in AL History of Easter Egg Painting Easter Parade Mantra Meditation Afternoon Programs Gentle Stretches Easter Celebration Group Board Games Soothing Stillness Easter Sunday	Morning Activities 21 Smooth Instruments Mind & Body Wellness Help the Environment ***Lunch Trip*** Afternoon Programs Laughter Club 2pm: Create with Karin Sharpie Eggs Meditative Moments	Morning Activities 22 Tranquil Soul Mind & Body Wellness Culinary: Veggies & Dip Playful Pods Mindful Breathing Afternoon Programs Brainiacs Bingo Fun Color & Create Evening Wind Down Earth Day	Morning Activities 23 Ambient Beats Mind & Body Wellness Genius Games Selfcare Awareness Afternoon Programs Garden Party Lunch Aware Wolves Herb Garden Calming Thoughts Administrative Professionals Day	Morning Activities 24 Positive Vibrations Mind & Body Wellness I Pad Fun Body Scan Meditation Afternoon Programs 1:30pm: Dance with Magi Sweet Treat Bingo Whale of a Time Moments of Serenity	Morning Activities 25 Healing Frequencies Mind & Body Wellness 10:30am: Music by Ed Austin Afternoon Programs Card Shark Club Let's Learn: Our Earth Plant a Tree Curious Bees Heartfelt Gratitude Arbor Day	Morning Activities 26 Celestial Flow Mind & Body Wellness Interactive Short Stories Inhale Exhale Afternoon Programs Bingo Extravaganza Movie: <i>Sound of Music</i> Manicures & Massages Mindful Moments
Morning Activities 27 Spiritual Interludes 10:30am: Catholic Mass in AL Garden Planning Mantra Meditation Afternoon Programs Gentle Stretches Yarn Butterflies Group Board Games Soothing Stillness	Morning Activities 28 Smooth Instruments Mind & Body Wellness Are You a Morning Person Loving Awareness Afternoon Programs Laughter Club Guided Meditation through the Forest State Trivia Meditative Moments	Morning Activities 29 Tranquil Soul Mind & Body Wellness Playful Pods Mindful Breathing Afternoon Programs Brainiacs Culinary: Fruit Salad Bingo Fun Color & Create Evening Wind Down	Morning Activities 30 Ambient Beats Mind & Body Wellness Genius Games Selfcare Awareness Afternoon Programs Sing the Next Line Aware Wolves Puff Paint Totes Calming Thoughts	<h1>April 2025</h1>		

*Please note all activities are subject to change. *Sensory Programs & Room Visits are provided daily. •Sunnyside Manor•2500 Ridgewood Rd, Wall, NJ 07719•