	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10am: Quick Coffee Fix 10:30am: Catholic Mass with Father Richard 11am: Sunday Stretches 12pm: Sensory Group 2pm: Prize Bingo 3pm: Seated Dance Moves	9:30am: Morning Visits 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Communion with St. Dennis 2:30pm: Trimming the Tree 3:30pm: Welcome to December Celebration 5:30pm: Conversation Starters	9:30am: Morning Visits 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Bingo 3:30pm: Noodle Ball 4pm: You Be the Judge 5:30pm: Group iPad Games	10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Celebrating Dave Brubeck 2:30pm: Yoga with Cheryl 3:30pm: Who What Where	9:30am: Morning Visits 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Jackie Says! 2:30pm: Dance with Magi 3:30pm: Music by Dan Herrmann 5:30pm: Andy Williams Christmas Sing Along	9:30am: Morning Visits 10am: Quick Coffee Fix 10:45am: Worship with Grace Bible Church 12pm: Sensory Group 2pm: Bonus Bingo 3pm: Pinnacle Fitness 4pm: Quick Pick Trivia Challenge	9:30am: Morning Visits 10am: Morning Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Bingo Challenge 3pm: Classic Holiday Movie Matinee: A Christmas Story 3:30pm: Traveling Manicures
	10am: Quick Coffee Fix 10:30am: Catholic Mass with Father Richard 11am: Sunday Stretches 12pm: Sensory Group 2pm: Prize Bingo 3pm: Seated Dance Moves	9:30am: Morning Visits 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Catholic Mass with Father Bill 2:30pm: Music by Chuck Broadbent 3:30pm: Volleyball Game 5:30pm: Conversation Starters	9:30am: Morning Visits 10 10am: Coffee Hour 11am: Yoga with Karin 12pm: Sensory Group 2pm: Bingo 3:30pm: Parachute Fun 4pm: Finish the Phrase 5:30pm: Magic of Lights at PNC Bank Arts Center	9:30am: Morning Visits 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Celebrating Kaleidoscopes 2:30pm: Yoga with Cheryl 3:30pm: Who What Where When? Reminiscing Social 5:30pm: Whiteboard Game	9:30am: Morning Visits 12 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Crafting Corner 3:30pm: Dance with Magi 5:30pm: Bing Crosby Christmas Sing Along	9:30am: Morning Visits 13 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Music by Ken Johnstone 3pm: Pinnacle Fitness 4pm: Quick Pick Trivia Challenge	9:30am: Morning Visits 10am: Morning Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Bingo Challenge 3pm: Classic Holiday Movie Matinee: Miracle on 34 th Street 3:30pm: Traveling Manicures
	12pm: Sensory Group 2pm: Prize Bingo 3pm: Seated Dance Moves	10am: Coffee Hour 11am: Group Exercise 11:30am: Lunch Outing 2pm: Communion with St. Dennis 3pm: Guess the Christmas	9:30am: Morning Visits 17 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Bingo 3:30pm: Music by Mark Miklos 5:30pm: Group iPad Games	10am: Coffee Hour 11am: Group Exercise 11:30am: ***Resident Christmas Brunch*** 2:30pm: Paint with Karin 4pm: Who What Where When? Reminiscing Social	9:30am: Morning Visits 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Crafting Corner 3:30pm: Dance with Magi 5:30pm: Elvis Presley Christmas Sing Along	9:30am: Morning Visits 20 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Music by Keith Franklin 3pm: Pinnacle Fitness 4pm: Quick Pick Trivia Challenge	9:30am: Morning Visits 10am: Morning Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Bingo Challenge 3pm: Classic Holiday Movie Matinee: A Christmas Carol 3:30pm: Traveling Manicures Winter Begins
	3pm: Seated Dance Moves 3:30pm: Whiteboard Word Game Fun	10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Communion with St. Dennis 2:30pm: Music by Emile 3:30pm: Winter Celebration 5:30pm: Conversation Starters	9:30am: Morning Visits 24 10am: Coffee Hour 11am: Yoga with Karin 12pm: Sensory Group 2pm: Christmas Eve Spectacular with Angela 3pm: Christmas Bingo 5:30pm: Group iPad Reindeer Games	10am: Coffee Hour 11am: Group Exercise 2pm: Pass The Christmas Pud Game 2:30pm: Ugly Christmas Sweater Party 4pm: Naughty or Nice List	9:30am: Morning Visits 26 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Crafting Corner 3:30pm: Dance with Magi 5:30pm: Classic Christmas Songs from the 1950's Sing Along Boxing Day (Canada) Kwanzaa Begins	9:30am: Morning Visits 27 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Music by John Heiserman 3pm: Pinnacle Fitness 4pm: Quick Pick Trivia Challenge	9:30am: Morning Visits 10am: Morning Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Bingo Challenge 3pm: Classic Holiday Movie Matinee: It's A Wonderful Life 3:30pm: Traveling Manicures
32	10:30am: Catholic Mass with Father Richard 11am: Sunday Stretches 12pm: Sensory Group 2pm: Prize Bingo 3pm: Seated Dance Moves	11am: Group Exercise 12pm: Sensory Group 2pm: Communion Services 2:30pm: Music by Jerry Costaldo 3:30pm: Resident Council Meetina	9:30am: Morning Visits 10am: Coffee Hour 11am: Group Exercise 12pm: Sensory Group 2pm: Armchair Travel to Brussels: New Years Eve Celebration 3pm: Party Poppin' Bingo 5:30pm: Sparkle Party Toast & Quotes Social	Dec		DE MANOR DE MAN	2024

*Please note all activities are subject to change. *Sensory Programs & Room Visits are provided daily. •Sunnyside Manor•2500 Ridgewood Rd, Wall, NJ 07719•

5:30pm: Conversation Starters

Game Fun

New Year's Eve

& Quotes Social