Tuesday Sunday Monday Wednesday Thursday Friday Saturday Sunnyside Manor 9:30am: Morning Visits 9:30am: Morning Visits November 2024 10am: Morning Coffee 10am: Coffee Hour Hour 11am: Group Exercise 11am: Group Exercise 12pm: Sunnyside **12pm:** Sunnyside Moments Moments **2pm:** Bingo Challenge 2pm: Welcome to **3pm:** Saturday Matinee Skilled Nursing November Celebration 3:30pm: Traveling 3pm: Pinnacle Fitness Concessions & Room Visits 4pm: Trivia Challenge Diwali (Hindu) **9:30am:** Morning Visits **Election Day** 9:30am: Morning Visits 9:30am: Morning Visits **5**|9:30am: Morning Visits 9:30am: Morning Visits 9:30am: Morning Visits 9:30am: Morning Visits 10am: Coffee Hour 10am: Coffee Hour 10am: Coffee Hour 10am: Coffee Hour 10am: Quick Coffee Fix 10am: Mornina Coffee 10am: Coffee Hour 11am: Group Exercise 11am: Group Exercise 10:45am: Grace Bible 11am: Group Exercise 10:30am: Catholic Mass 11am: Yoga & Mindfulness 12pm: Sunnyside Moments 12pm: Sunnyside Church **12pm:** Sunnyside Moments 11am: Group Exercise with Father Richard 12pm: Sunnyside Moments 2pm: Raatime Exercises Moments 2:30pm: Yoga with Cheryl 12pm: Sunnvside **12pm:** Sunnyside Moments 11am: Sunday Stretches 2pm: Arts & Crafts Social 2:30pm: Dance with Magi 2pm: Communion with St **3:30pm:** Seated Square Moments **2pm**: Bingo Challenge 12pm: Sunnvside 3:30pm: Monster Ball Game 3:30pm: Name that NYC Dancing **Dennis** 2pm: Music by Keith **3pm:** Saturday Matinee 4pm: Cranium Crunching Moments Landmark Trivia & 4pm: Who What Where? **3pm:** Candy Bingo 3:30pm: Traveling Franklin **2pm:** Prize Bingo Puzzles Reminiscing Social **5:30pm:** Traveling Room 4pm: Junk Drawer Concessions & Room Visits 3pm: Pinnacle Fitness 5:30pm: Group iPad 3:30pm: E-Z Does It Trivia 5:30pm: Evening Rewind Visits Detective 4pm: Trivia Challenge Games Davlight Saving Time Ends Marine Corps Anniversary 10 9:30am: Morning Visits 11 9:30am: Morning Visits 12 9:30am: Morning Visits 14 9:30am: Morning Visits 13 9:30am: Morning Visits 15 9:30am: Morning Visits 16 9:30am: Morning Visits 10am: Quick Coffee Fix 10am: Coffee Hour 10am: Coffee Hour 10am: Coffee Hour 10am: Mornina Coffee 10am: Coffee Hour 10am: Quick Coffee Fix 10:30am: Yoga with Karin 11am: Group Exercise 11am: Group Exercise 11am: Group Exercise Hour 11am: Group Exercise 10:30am: Catholic Mass 12pm: Sunnyside Moments 12pm: Sunnyside Moments 12pm: Sunnyside Moments 12pm: Sunnyside Moments 11am: Group Exercise 12pm: Sunnvside 2pm: Arts & Crafts Social 2pm: Music by Ken with Father Richard 2:30pm: Yoga with Cheryl 12pm: Veteran's Luncheon **12pm:** Sunnyside Moments Moments 3:30pm: Parachute Pina Johnstone 11am: Sunday Stretches 3:30pm: Turkey Shoot 2pm: Catholic Mass with **2pm:** Bingo Challenge 2pm: Music by Keith Pona Game 3pm: Dance with Maai 12pm: Sunnyside Father Bill Competition **3pm:** Saturday Matinee 4pm: Cranium Crunchina 4pm: News Stories of the Franklin Moments 4pm: Who What Where? 3pm: Veteran's Day 3:30pm: Traveling **Puzzles** Twentieth Century 3pm: Pinnacle Fitness 5:30pm: Traveling Room **2pm:** Prize Bingo Celebration with Emile Concessions & Room Visits 5:30pm: Group iPad Reminiscing Social 4pm: Trivia Challenge 3:30pm: Finish the Cliché Veterans Day 5:30pm: Evening Rewind Games Remembrance Day (Canada) International Men's Day World Peace Day 9:30am: Morning Visits 20 **9:30am:** Morning Visits 9:30am: Morning Visits 18 9:30am: Morning Visits 22 9:30am: Morning Visits 23 9:30am: Morning Visits 9:30am: Morning Visits 10am: Coffee Hour 10am: Coffee Hour 10am: Morning Coffee 10am: Coffee Hour 10am: Coffee Hour 10am: Coffee Hour 11am: Group Exercise 10am: Quick Coffee Fix 11am: Group Exercise 11am: Group Exercise 11am: Group Exercise 11am: Yoaa & Mindfulness 12pm: Sunnyside Moments 10:30am: Catholic Mass 11am: Group Exercise 12pm: Sunnyside 12pm: Sunnyside 11:30am: Lunch Trip 12pm: Sunnyside Moments 2pm: Can you Guess the with Father Richard **12pm:** Sunnyside Moments Moments 2pm: Arts & Crafts Social Moments 2pm: Communion with St Movie? 11am: Sunday Stretches **2pm:** Bingo Challenge 2pm: Paint with Karin 3:30pm: Music by Mark 2pm: Music by John 2:30pm: Dance with Magi **Dennis** 12pm: Sunnyside **3pm:** Saturday Matinee 3:30pm: Yoga with Cheryl Miklos 3:30pm: Holiday Recipes & Heiserman **3pm:** Candy Bingo Moments 3:30pm: Traveling 5:30pm: Group iPad **5:30pm:** Traveling Room Spice Scent Challenge-3pm: Pinnacle Fitness 4pm: Spot the Difference 2pm: Prize Bingo Concessions & Room Visits Games Visits Reminiscina Social **4pm**: Trivia Challenae Challenge 3:30pm: E-Z Does It Trivia 5:30pm: Evening Rewind 9:30am: Morning Visits 26 9:30am: Morning Visits 25 9:30am: Morning Visits 24 9:30am: Morning Visits 27 8:30am: Macy's 9:30am: Morning Visits 29 9:30am: Morning Visits 30 10am: Coffee Hour 10am: Quick Coffee Fix ' Thanksaiving Day Parade 10am: Coffee Hour 10am: Morning Coffee 10am: Coffee Hour 10am: Quick Coffee Fix 11am: Group Exercise 10:30am: Yoga with Karin 9:30am: Morning Visits 11am: Group Exercise 11am: Group Exercise 10:30am: Catholic Mass 12pm: Sunnyside Moments 12pm: Sunnyside Moments 10am: Coffee Hour 12pm: Sunnyside Moments 11am: Group Exercise 12pm: Sunnyside with Father Richard 2pm: Communion with St. 2pm: Arts & Crafts Social 11am: Group Exercise 2pm: Thanksgiving Eve **12pm:** Sunnyside Moments Moments 11am: Sunday Stretches Dennis 3pm: Music by Zack **2pm:** Gratitude A-Z Memories 2pm: Bingo Challenge 3pm: Resident Council 2pm: Pinnacle Fitness 12pm: Sunnyside Alexander 3:30pm: Music by Angela 2:30pm: Holiday Traditions **3pm:** Saturday Matinee 4pm: Cranium Crunchina 3pm: Music by Bobby Moments Meetina 3:30pm: Thanksaivina Day **5:30pm:** Travelina Room 3:30pm: Traveling **3pm:** Candy Bingo Puzzles 2pm: Prize Bingo Knee Celebration Concessions & Room Visits 4pm: Old Hollywood 5:30pm: Group iPad 3:30pm: E-Z Does It Trivia 4pm: Trivia Challenge 5:30pm: Evening Rewind Romances Games Thanksgiving Day (US) *Please note all activities are subject to change. Sunnyside Manor 2500 Ridgewood Rd, Wall, NJ 07719 *Sensory Programs & Room Visits are provided daily.