Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oct	ober 2024	9:30am: Morning Visits 10am: Quick Coffee Fix 10:30am: Yoga with Karin 1:30pm: Sunnyside Moments 2pm: Scarecrow Arts & Crafts Social 3:30pm: Halloween Word Search Contest 5:30pm: Group iPad Games	9:30am: Morning Visits 2 10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Mind & Body Wellness 1:30pm: Sunnyside Moments 1:30pm: Vhiteboard Fun 2:30pm: Yoga with Cheryl 3:30pm: Scandinavian Flower Décor, Facts & Fun 5:30pm: Night Time Bingo Rosh Hashanah Begins	9:30am: Morning Visits 10am: Coffee Hour 11am: Group Exercise 1:30pm: Sunnyside Moments 2pm: Name that Movie Monster Trivia 2:30pm: Dance with Magi 3:30pm: Autumn Reminiscing Social 5:30pm: Classic Spooky Comedy Movie "Lucky Ghost"	9:30am: Morning Visits 10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Group Exercise 1:30pm: Pinnacle Fitness 2:30: Oktoberfest Celebration with the Jingleheimer Band 3:30pm: Who am I? Famous October Birthdays 5:30pm: Bingo	9:30am: Morning Visits 5 10am: Morning Coffee Hour 11am: Group Exercise 2pm: Music by Evan & Friends 2:30pm: Bingo 3:30pm: Saturday Matinee 3:30pm: Traveling Concessions & Room Visits
9:30am: Morning Visits 10am: Quick Coffee Fix 10:30am: Catholic Mass with Father Richard 11am: Sunday Stretches 1:30pm: Trivia 2pm: Bingo 3:30pm: Word in a Word	10am: Cottee Hour 10:30am: Sunnyside Moments 11am: Mind & Body Wellness 1:30pm: Sunnyside Moments 2pm: Communion with St. Dennis 3pm: Hot Toddies Social 3:30pm: Finish the Phrase Halloween Edition 5:30pm: Evening Bingo	9:30am: Morning Visits 8 10am: Coffee Hour 11am: Mind & Body Wellness 1:30pm: Sunnyside Moments 2pm: Halloween Banner Arts & Crafts Social 3:30pm: Pondering Prompts & Gentle Stretches 5:30pm: Group iPad Games	9:30am: Morning Visits 9 10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Mind & Body Wellness 1:30pm: Sunnyside Moments 1:30pm: Whiteboard Fun 2:30pm: Yoga with Cheryl 3:30pm: Pumpkin Patch Target Toss 5:30pm: Night Time Bingo	10am: Coffee Hour 11am: Group Exercise 1:30pm: Sunnyside Moments 2pm: Finish the Similes 2:30pm: Dance with Magi 3:30pm: United States	9:30am: Morning Visits 10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Group Exercise 1:30pm: Sunnyside Moments 2pm: Let's Go to The Hop! Sock Hop Dance-a-thon 3pm: Pinnacle Fitness 4pm: Anagram Quiz 5:30pm: Bingo Yom Kippur Begins	9:30am: Morning Visits 10am: Morning Coffee Hour 11am: Group Exercise 2pm: Bingo Challenge 3pm: Saturday Matinee 3:30pm: Traveling Concessions & Room Visits
9:30am: Morning Visits 13 10am: Quick Coffee Fix 10:30am: Catholic Mass with Father Richard 11am: Sunday Stretches 1:30pm: Trivia 2pm: Bingo 3:30pm: Word in a Word	9:30am: Morning Visits 10am: Coffee Hour 10:30am: Sunnyside Moments 1:30pm: Sunnyside Moments 1:30pm: Sunnyside Moments 2pm: Catholic Mass 2:30pm: Music by Chuck Broadbent 3:30pm: Halloween Word Scramble Contest 5:530pm: Evening Bingo Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)	9:30am: Morning Visits 15 10am: Quick Coffee Fix 10:30am: Yoga with Karin 1:30pm: Sunnyside Moments 2pm: Music by Mark M. 3pm: Pumpkin Painting Arts & Crafts 5:30pm: Group iPad Games	9:30am: Morning Visits 16 10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Mind & Body Wellness 1:30pm: Sunnyside Moments 1:30pm: Whiteboard Fun 2pm: Paint with Karin 3:30pm: Yoga with Cheryl 5:30pm: Night Time Bingo Sukkot Beains	9:30am: Morning Visits 10am: Coffee Hour 11am: Group Exercise 1:30pm: Sunnyside Moments 2pm: Junk Drawer Detective 2:30pm: Dance with Magi 3:30pm: Fall Sports Reminiscing Social 5:30pm: Classic Spooky Sitcom "The Munsters"	9:30am: Morning Visits 10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Group Exercise 1:30pm: Sunnyside Moments 2pm: Pinnacle Fitness 3pm: Curious Events from Then and Now 4pm: Words Ending in "Ship" Word Game Challenge 5:30pm: Bingo	9:30am: Morning Visits 10am: Morning Coffee Hour 11am: Group Exercise 2pm: Bingo Challenge 3pm: Saturday Matinee 3:30pm: Traveling Concessions & Room Visits
9:30am: Morning Visits 20 10am: Quick Coffee Fix 10:30am: Catholic Mass with Father Richard 11am: Sunday Stretches 1:30pm: Trivia 2pm: Bingo 3:30pm: Word in a Word	9:30am: Morning Visits 21 10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Mind & Body Wellness 1:30pm: Lunch Trip 1:30pm: Sunnyside Moments 2pm: Communion with St. Dennis 3pm: Music by Anne Louise 4pm: Halloween from A-Z Word Game 5:30pm: Evening Bingo	9:30am: Morning Visits 22 10am: Coffee Hour 11am: Mind & Body Wellness 1:30pm: Sunnyside Moments 2pm: Creative Confectioneries Arts & Crafts 3:30pm: Desert Island Game	9:30am: Morning Visits 23 10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Mind & Body Wellness 1:30pm: Sunnyside Moments 1:30pm: Whiteboard Fun 2:30pm: Yoga with Cheryl 3:30pm: Halloween Trivia Social 5:30pm: Night Time Bingo	10am: Coffee Hour 11am: Group Exercise 1:30pm: Sunnyside Moments 2pm: Spot the Difference Challenge 2:30pm: Dance with Magi 3:30pm: Halloween Reminiscing Social 5:30pm: Classic Spooky Series "The Twilight Zone" Simchat Torab Begins	9:30am: Morning Visits 25 10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Group Exercise 1:30pm: Sunnyside Moments 2pm: Pinnacle Fitness 3pm: Pablo Picaso's Birthday Celebration and Fun	9:30am: Morning Visits 10am: Morning Coffee Hour 11am: Group Exercise 2pm: Bingo Challenge 3pm: Saturday Matinee 3:30pm: Traveling Concessions & Room Visits
9:30am: Morning Visits 27 10am: Quick Coffee Fix 10:30am: Catholic Mass with Father Richard 11am: Sunday Stretches 1:30pm: Trivia 2pm: Bingo 3:30pm: Word in a Word	10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Mind & Body Wellness 1:30pm: Sunnyside Moments 2pm: Communion with St. Dennis 2:30pm: Music by Sgt. Frank 3:30pm: Candy Trivia & Blind Taste Test 5:30pm: Evening Bingo	10am: Quick Coffee Fix 10:30am: Yoga with Karin 1:30pm: Sunnyside Moments 2pm: Resident Council Meeting 2:30pm: 3pm: Music by Dan Herrmann 4pm: Brain Food Quiz 5:30pm: Group iPad Games	10am: Coffee Hour 10:30am: Sunnyside Moments 11am: Mind & Body Wellness 1:30pm: Sunnyside Moments 1:30pm: Whiteboard Fun 2:30pm: Yoga with Cheryl 3:30pm: Jack-o'-Lantern Pong 5:30pm: Night Time Bingo	9:30am: Morning Visits 31 10am: Coffee Hour 11am: Group Exercise 1:30pm: Sunnyside Moments 2pm: Costume Fun & Halloween Sing Along 2:30pm: Dance with Magi 3:30pm: Halloween Hootenanny 5:30pm: "The Paul Lynde Halloween Special" Halloween		Nursing orhood

Sunnyside Manore2500 Ridgewood Rd, Wall, NJ 07719

*Please note all activities are subject to change